

## Growth Group Purpose: Spiritual Growth & Accountability

### Growth Group Overview:

Growth Groups are coordinated independently and “informally” by GwM Alumni. Those who have signed-up through the interest indicator on the Grow with Me (GwM) website agree to have their contact information shared with other women in the same locale who are also looking for a GwM sister in Christ to connect with for a Growth Group.

What you can expect:

- Self-organized
- Workbook study
- Facilitated by Alumni
- Open to Alumni & friends
- Virtual or in-person
- Workbook Orders: Click [HERE](#) for workbook orders and details.

Due to the fact that each group is self-organized, the form and format of each group may reflect the uniqueness of the facilitator but should retain Biblical code and conduct of Grow with Me Ministries' [Statement of Faith](#).

### Growth Group Agreement:

All participants must agree to this statement:

*I understand that Growth Groups are facilitated by Grow with Me (GwM) Alumna but are NOT GwM classes nor sponsored by GwM since they are organized by individual alumna. Views, opinions, and advice expressed by facilitators, coordinators, or other alumni are not necessarily those of Grow with Me Ministries.*

**Growth Group Etiquette:** in addition to the general Growth Group Guidelines

- Allow the **Facilitator to lead and direct** the group discussion
- Keep your sharing focused on your own thoughts and feelings
- **Listen** without trying to “fix,” **affirm** what is shared
- Stay on topic (no “cross talk” / unrelated input)
- Avoid *monopolizing* any topic and/or be prepared for the Facilitator to re-direct
- **Confidentiality** - what is shared in the group, stays in the group

Virtual:

- Join from a **private location** so conversations are not overheard by other persons
- **Mute** significant background noise so it is not a distraction to other attendees

## **Growth Group Guiding Scriptures:**

“Be kindly affectionate to one another with brotherly love, in honor giving preferences to one another...”  
Romans 12:10

“I...beseech you to walk worthy of the calling with which you were called, with all lowliness and gentleness, with longsuffering, bearing with one another in love, endeavoring to keep the unity of the Spirit in the bond of peace.” Ephesians 4:1-3

“Therefore if you have any encouragement from being united with Christ, if any comfort from his love, if any common sharing in the Spirit, if any tenderness and compassion, then make my joy complete by being like-minded, having the same love, being one in spirit and of one mind. Do nothing out of selfish ambition or vain conceit. Rather, in humility value others above yourselves, not looking to your own interests but each of you to the interests of the others. In your relationships with one another, have the same mindset as Christ Jesus...” Phillipians 2:1-5

## **Growth Group Guidelines:**

Grow with Me Ministries (GwM) is a Christ-centered ministry and seeks to serve all interdenominational Christ followers in their communities and churches. As such, we have set up guidelines of love (not to be confused with legalism) with the hope of exemplifying Christ-like character and behavior along with preserving unity among sisters in Christ of other church affiliations. We exhort you to consider others as better than yourself and thank you for respecting the guidelines of Grow with Me Ministries in honoring one another.

1. Growth Groups are specifically for women. Due to the nature of intimate conversations and the necessity of creating an atmosphere of "safety" for sharing heartfelt issues among attendees, we request that you honor others by making alternate arrangements for child-care each week unless an alternative is mutually agreed upon by all participants.
2. Growth Groups operate in an atmosphere of love and unity. During discussions we accept one another's position and contributions even though we may not completely agree with them. We encourage an atmosphere of unity in Christ rather than differences. Our goal is for each woman to share what the Holy Spirit has revealed to her through His written Word and personal ministry.
3. It is requested that you avoid quoting authors, personalities, or your minister/pastor; and do not talk about churches, denominations or politics.
4. To allow for conversational prayer, refrain from speaking in tongues out loud, praying the rosary or using contemplative prayer practices.
5. Any personal contact information shared should be used for group use only and not used by, loaned to, or shared with any other individual, organization, business, outside group or for business networking.
6. Confidentiality brings integrity to your group; therefore, all group discussions and prayer requests should be held in strict confidence. Refrain from repeating/praying personal information unless you have specific permission from any individual to do so.
7. Growth Groups should not engage in gossip or conversations of a critical nature.

8. All facilitators, leaders, and group coordinators are volunteers. They are not teachers or professional counselors but are serving as facilitators to encourage each woman in her personal growth and faith journey.
9. Any differences in opinions or questions in your group should remain the impetus to remain ardent and passionate students of the Word of God.
10. Views, opinions and advice expressed by facilitators or alumni are not necessarily those of Grow with Me Ministries.
11. Unauthorized use of the Grow with Me Ministries name or logo is prohibited. It is the trademark of Grow with Me Ministries, and its use requires the express, written permission of Grow with Me Ministries.